



NATIONAL  
**SAFETY**  
MONTH 07

# Personal Protective Equipment (PPE)

## Give workplace safety the personal touch

In manufacturing and other industrial settings, the right protective equipment can be the difference between a happy and a miserable work life. Using the right protective equipment for your job will help you to focus on the work and other safety issues.

### PPE Risks

- Every part of you, particularly head, hands and feet
- Protection from toxic substances
- Environmental protection

### Tips for Prevention

- Start at the top. If you wear a hard hat, make sure it fits properly and that the suspension is adjusted correctly.
- Keep protective glasses or goggles clean and store them properly to avoid scratches or other damage. It's always a good idea to have a spare pair handy.
- You may not notice hearing loss until it's too late. If you're in a noisy environment, use ear plugs or ear muffs.
- Keep hands and fingers safe by removing all jewelry before you start work. Use the right gloves for the job.
- If you work with chemicals, cleaning solvents, etc., make sure to wear gloves and protective clothing that resists chemicals.
- Never use a respirator that doesn't fit securely, has become clogged or damaged, or one through which you can smell contaminants.
- Get in step with safety. Wear the right safety footwear, and have it fitted by an expert. The ANSI-Z41 label inside means your footwear meets recognized safety standards.

Celebrating  
**Safe** Communities